

# APRIL 2018

## Johnson Adult Day Program

3444 S. Emerson St. Englewood., CO 80113

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
2	3	4	5	6
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Exercise 12:00 Lunch 1:30 Thinkercise 2:15 Mike Shaug 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Don Garcia 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News 10:30 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Shelly Davis(piano) 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Aurora History Meseum</b> 9:00 Talk of the Town 10:30 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Maxine Medina 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Zoom in @ History Co.</b> 9:00 Stretchercise 10:30 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Beverly Chico 3:30 Afternoon Activity
9	10	11	12	13
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Exercise 12:00 Lunch 1:30 Thinkercise 2:15 Joyce Karchere 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 11:15 Exercise 12:00 Lunch 1:30 Cognitive 2:15 Dan McClerran 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News 10:30 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Eddie Kirsch 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Majestic View Nature Ctr.</b> 9:00 Whats Happening 10:30 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Cliff Spratt 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Morrison Natural History Museum</b> 9:00 Stretchercise 10:30 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 The Melodics 3:30 Afternoon Activity
16	17	18	19	20
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move n Groove 12:00 Lunch 1:30 Thinkercise 2:15 Miner Pickers 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Bill Sucke 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News 10:30 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:15 Dancing Diva's 2:15 Mimi Dokken 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Downtown Library Tour</b> 9:00 Whats Happening 10:30 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Josh Brookstein 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Conquest of the Skies 3-D</b> 9:00 Stretchercise 10:30 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Jim Conder 3:30 Afternoon Activity
23	24	25	26	27
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move N Groove 12:00 Lunch 1:30 Thinkercise 2:15 New Chords 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 10:00 St. Andrew handbell 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 In House Activity 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Talk of the Town 10:15 Craft Corner 11:15 Move n Groove 12:00 Lunch 1:30 Brain Games 2:15 Mindy Sterling 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Glass Blowing Demo</b> 9:00 Whats Happening 10:30 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Dave Hidalgo 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lecture on Martin Luther King Jr.</b> 9:00 Stretchercise 10:30 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Jim Calm 3:30 Afternoon Activity <b>ARBOR DAY</b>
30				
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move N Groove 12:00 Lunch 1:30 Thinkercise 2:15 Surprise Entertainment 3:30 Afternoon Activity				