

Monday

Tuesday

Wednesday

Thursday

Friday



DECEMBER 2017

								Chicken Piccata Smashed Potatoes Corn Whole Wheat rolls Dinner salad Angel food Cake	1
Chicken breast Rice Pilaf Chefs Veg Medley Whole Wheat rolls Dinner salad Pudding	4	Pasta with Meatballs Ratatouille Whole Wheat rolls Dinner salad Tropical Fruit Cup	5	Meatloaf Mashed Potatoes Mixed beans and carrots Whole Wheat rolls Dinner salad Peaches and cream	6	Beef Taco Spanish Rice Calavasitas Whole Wheat rolls Dinner salad Pineapple	7	Catfish fillet Tartar sauce and lemon Hush puppies Corn O'Brian Whole Wheat rolls Dinner salad Pudding	8
Ham Steak Toscana Orzo pasta Vegetable Medley Whole Wheat rolls Dinner salad Chocolate chip Cookies	11	Mushroom Chicken Wild Rice Glazed Carrots Whole Wheat rolls Dinner salad Pears	12	Chicken soft Taco Spanish Rice Calavasitas Whole Wheat rolls Dinner salad Pineapple	13	Pasta with Meat Sauce Broccoli Whole Wheat rolls Dinner salad Carrot Cake	14	Chicken Catchatori Turmeric Rice Broccoli Whole Wheat rolls Dinner salad Fruit Cup	15
Untidy Joseph Wheat Bun Potato Cakes Glazed Carrots Dinner salad Brownies	18	Chicken Parmigianino Squash medley Pasta with Tomato Whole Wheat rolls Dinner salad Very Berry shortcake	19	Chop steak Mushroom Sauce Mashed potatoes Green Beans Almandine Whole Wheat rolls Dinner salad Pears	20	Pasta with Meat sauce Ratatouille Whole Wheat rolls Dinner salad Tropical Fruit Cup	21	Turkey and cheddar sandwich Tomato soup Potato Triangles Veg medley Pudding	22
Closed	25	Closed	26	Chicken Breast Macaroni and cheese Peas and onions Whole Wheat rolls Dinner salad Angel food cake	27	Pasta with Meatballs Ratatouille Whole Wheat rolls Dinner salad Tropical Fruit Cup	28	Ham steak Hawaiian Rice Glazed Carrots Whole Wheat rolls Dinner salad Mandarin orange	29

Seniors Resource Center Adult Day Participates in a USDA Funded Program and is an equal opportunity Employer. 1% Milk is offered with every meal.

