

FEBRUARY 2018

3444 S. EMERSON ST. ENGLEWOOD, CO 80113

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY									
1					2					3					4					5									
										DAYTRIP: FORNEY MUSEUM					DAYTRIP: INTERNAT'L HEARING DOG					9:00 What's Happening? 10:15 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Stephen Sinclair 3:30 Afternoon Activity					9:00 Stretchercise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 To Be Announced 3:30 Afternoon Activity				
										9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 Joyce Karchere 3:30 Afternoon Activity					9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Don Garcia 3:30 Afternoon Activity					DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Maxine Medina 3:30 Afternoon Activity					DAYTRIP: DENVER ART MUSEUM 9:00 What's Happening? 10:15 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Kristina Wellington 3:30 Afternoon Activity				
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 The Miner Pickers 3:30 Afternoon Activity					9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Nini Campos 3:30 Afternoon Activity					DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Englewood Lyons 12:00 Lunch 1:30 Brain Games 2:15 Dan McIlerren 3:30 Afternoon Activity					DAYTRIP: HISTORY CO CENTER 9:00 What's Happening? 10:15 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Josh Brookstein 3:30 Afternoon Activity					DAYTRIP: FIREFIGHTERS MUSEUM 9:00 Stretchercise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 DAN Z's 90th B-DAY and Jim Calm 3:30 Afternoon Activity									
CLOSED FOR PRESIDENTS DAY 										9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Exercise 12:00 Lunch 1:30 Cognitive 2:15 Jim Condor 3:30 afternoon Activity					DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & be Fit 12:00 Lunch 1:30 Brain Games 2:15 Balloon Volleyball 3:30 Afternoon Activity					DAYTRIP: DENVER MUSEUM 9:00 What's Happening? 10:15 International Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Bill Sucke 3:30 Afternoon Activity					DAYTRIP: LUNCH @ ROXBOROUGH 9:00 Stretchercise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Mike Shaug 3:30 Afternoon Activity				
9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 Eddie Kirsch 3:30 Afternoon Activity					9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Mindy Sterling 3:30 Afternoon Activity					DAYTRIP: LUNCH & SCENIC DRIVE 9:00 Morning News 10:15 Craft Corner 11:15 Sit & be Fit 12:00 Lunch 1:30 Brain Games 2:15 Cliff Spratt 3:30 Afternoon Activity																			

