

# January 2018

3444 S. EMERSON ST. ENGLEWOOD, CO 80113

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Don Garcia</b> <b>3:30 Afternoon Activity</b>	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b>	<b>DAYTRIP:</b> <b>MORRISON HISTORY</b> <b>MUSEUM</b>	<b>DAYTRIP:</b> <b>INTERNATIONAL HEARING</b> <b>DOG</b>
		9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit and be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Maxine Medina</b> <b>3:30 Afternoon Activity</b>	9:00 What's Happening? <b>10:15 International Club</b> 11:15 Stretchercise 12:00 Lunch 1:30 Think Tank <b>2:15 Karaoke</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Stretchercise</b> <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Magic Show</b> <b>3:30 Afternoon Activity</b>
8	9	10	11	12
9:00 Talk of the Town <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Jim Calm</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Dan McClerren</b> <b>3:30 Afternoon Activity</b>	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b>	<b>DAYTRIP:</b> <b>EXTREME WEATHER 3D</b>	<b>DAYTRIP:</b> <b>DREAM BIG 3D</b>
		9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Balloon Volleyball</b> <b>3:30 Afternoon Activity</b>	9:00 What's Happening? <b>10:15 International Club</b> 11:15 Stretchercise 12:00 Lunch 1:30 Think Tank <b>2:15 Mimi Dokken</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Stretchercise</b> <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 The Melodics</b> <b>3:30 Afternoon Activity</b>
15	16	17	18	19
<b>CLOSED TO OBSERVE</b>  <b>MARTIN LUTHER KING</b>  <b>DAY</b>	<b>WESTERN DAYS</b> <b>9:00 Tai Chi</b> <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Josh Brookstein</b> <b>3:30 Afternoon Activity</b>	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b>	<b>DAYTRIP:</b> <b>CLIFFORD STILL MUSEUM</b>	<b>DAYTRIP:</b> <b>LITTLETON MUSEUM</b>
		9:00 Morning News <b>10:15 Craft Corner</b> <b>11:00 Bluegrass Duo</b> 12:00 Lunch 1:30 Brain Games <b>2:15 Cliff Sprat</b> <b>3:30 Afternoon Activity</b>	9:00 What's Happening? <b>10:15 International Club</b> 11:15 Stretchercise 12:00 Lunch 1:30 Think Tank <b>2:15 Nini Campos</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Stretchercise</b> <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Bowling</b> <b>3:30 Afternoon Activity</b>
22	23	24	25	26
9:00 Talk of the Town <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Dave Hidalgo</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Exercise 12:00 Lunch 1:30 Cognitive <b>2:15 Bill Sucke</b> <b>3:30 afternoon Activity</b>	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b>	<b>DAYTRIP:</b> <b>VEHICLE VAULT</b>	<b>DAYTRIP:</b> <b>BLAIR CALDWELL LIBRARY</b>
		9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Galaxy Georgia</b> <b>3:30 Afternoon Activity</b>	9:00 What's Happening? <b>10:15 International Club</b> 11:15 Stretchercise 12:00 Lunch 1:30 Think Tank <b>2:15 Jim Conder</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Stretchercise</b> <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Wii Games</b> <b>3:30 Afternoon Activity</b>
29	30	31		
9:00 Talk of the Town <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Mindy Sterling</b> <b>3:30 Afternoon Activity</b>	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Don Garcia</b> <b>3:30 Afternoon Activity</b>	<b>DAYTRIP:</b> <b>LUNCH and SCENIC DRIVE</b>		
		9:00 Morning News <b>10:15 Craft Corner</b> <b>11:15 Sit &amp; be Fit</b> 12:00 Lunch 1:30 Brain Games <b>2:15 Harmonics</b> <b>3:30 Afternoon Activity</b>		

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*The InnovAge Johnson Adult Day Program*



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