

JUNE 2018

Johnson Adult Day Program

3444 S. Emerson St. Englewood., CO 80113

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| | | | | 1 |
|  | | | | DAY TRIP Mizel Museum 9:00 Stretcherise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Mike Shaug 3:30 Afternoon Activity |
| 4 | 5 | 6 | 7 | 8 |
| 9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 Don Garcia 3:30 Afternoon Activity | 9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Joel Rodney 3:30 Afternoon Activity | DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Joyce Karchere 3:30 Afternoon Activity | DAYTRIP: Hudson Gardens 9:00 What's Happening 10:15 International Club 11:15 Exercise 12:00 Lunch 1:30 Think Tank 2:15 Maxine Medina 3:30 Afternoon Activity | DAYTRIP: Majestic View Ctr. 9:00 Stretcherise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 The Melodics 3:30 Afternoon Activity |
| 11 | 12 | 13 | 14 | 15 |
| 9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 In House Bowling 3:30 Afternoon Activity | 9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Dan McClerran 3:30 Afternoon Activity | DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Cliff Spratt 3:30 Afternoon Activity FATHERS DAY COFFEE  | DAYTRIP: Denver Botanic Gardens on York Street 9:00 What's Happening? 10:15 International Club 11:15 Exercise 12:00 Lunch 1:30 Think Tank 1:30 Rick & Margie 3:30 Afternoon Activity FLAG DAY  | DAYTRIP: Jeffco 911 Dispatch Ctr. 9:00 Stretcherise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Nini Campos 3:30 Afternoon Activity |
| 18 | 19 | 20 | 21 | 22 |
| 9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 Miner Pickers 3:30 Afternoon Activity | 9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Josh Brookstein 3:30 Afternoon Activity | DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Mimi Dokken 3:30 Afternoon Activity | DAYTRIP: Delaney Farm 9:00 What's Happening? 10:15 International Club 11:15 Exercise 12:00 Lunch 1:30 Think Tank 2:15 Bill Sucke 3:30 Afternoon Activity FIRST DAY OF SUMMER  | DAYTRIP: To Be Determined 9:00 Stretcherise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Eddie Kirsch 3:30 Afternoon Activity |
| 25 | 26 | 27 | 28 | 29 |
| 9:00 Talk of the Town 10:00 Art Class 10:30 Walking Club 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise 2:15 Mindy Sterling 3:30 Afternoon Activity | 9:00 Tai Chi 10:00 Art Class 10:30 Walking Club 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Balloon Volleyball 3:30 Afternoon Activity | DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games 2:15 Jim Conder 3:30 Afternoon Activity | DAYTRIP: Littleton Museum 9:00 What's Happening? 10:15 International Club 11:15 Exercise 12:00 Lunch 1:30 Think Tank 2:15 Dave Hidalgo 3:30 Afternoon Activity | DAYTRIP: To Be Determined 9:00 Stretcherise 10:15 Pikes Peak Project 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister 2:15 Calvin Weatherall 3:30 Afternoon Activity |