

# JUNE 2018

## Johnson Adult Day Program

3444 S. Emerson St. Englewood., CO 80113

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				<b>DAY TRIP</b> <b>Mizel Museum</b> 9:00 Stretcherise <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Mike Shaug</b> 3:30 Afternoon Activity
4	5	6	7	8
9:00 Talk of the Town <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Don Garcia</b> 3:30 Afternoon Activity	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Joel Rodney</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Joyce Karchere</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Hudson Gardens</b> 9:00 What's Happening <b>10:15 International Club</b> 11:15 Exercise 12:00 Lunch 1:30 Think Tank <b>2:15 Maxine Medina</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Majestic View Ctr.</b> 9:00 Stretcherise <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 The Melodics</b> 3:30 Afternoon Activity
11	12	13	14	15
9:00 Talk of the Town <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 In House Bowling</b> 3:30 Afternoon Activity	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Dan McClerran</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Cliff Spratt</b> 3:30 Afternoon Activity <b>FATHERS DAY COFFEE</b> 	<b>DAYTRIP:</b> <b>Denver Botanic Gardens on York Street</b> 9:00 What's Happening? <b>10:15 International Club</b> 11:15 Exercise 12:00 Lunch 1:30 Think Tank <b>1:30 Rick &amp; Margie</b> 3:30 Afternoon Activity <b>FLAG DAY</b> 	<b>DAYTRIP:</b> <b>Jeffco 911 Dispatch Ctr.</b> 9:00 Stretcherise <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Nini Campos</b> 3:30 Afternoon Activity
18	19	20	21	22
9:00 Talk of the Town <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Miner Pickers</b> 3:30 Afternoon Activity	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Josh Brookstein</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Mimi Dokken</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Delaney Farm</b> 9:00 What's Happening? <b>10:15 International Club</b> 11:15 Exercise 12:00 Lunch 1:30 Think Tank <b>2:15 Bill Sucke</b> 3:30 Afternoon Activity <b>FIRST DAY OF SUMMER</b> 	<b>DAYTRIP:</b> <b>To Be Determined</b> 9:00 Stretcherise <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Eddie Kirsch</b> 3:30 Afternoon Activity
25	26	27	28	29
9:00 Talk of the Town <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Move & Groove 12:00 Lunch 1:30 Thinkercise <b>2:15 Mindy Sterling</b> 3:30 Afternoon Activity	<b>9:00 Tai Chi</b> <b>10:00 Art Class</b> <b>10:30 Walking Club</b> 11:15 Nia Class 12:00 Lunch 1:30 Cognitive <b>2:15 Balloon Volleyball</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Lunch and Scenic Drive</b> 9:00 Morning News <b>10:15 Craft Corner</b> 11:15 Sit & Be Fit 12:00 Lunch 1:30 Brain Games <b>2:15 Jim Conder</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>Littleton Museum</b> 9:00 What's Happening? <b>10:15 International Club</b> 11:15 Exercise 12:00 Lunch 1:30 Think Tank <b>2:15 Dave Hidalgo</b> 3:30 Afternoon Activity	<b>DAYTRIP:</b> <b>To Be Determined</b> 9:00 Stretcherise <b>10:15 Pikes Peak Project</b> 11:15 Chair Yoga 12:00 Lunch 1:30 Mind Twister <b>2:15 Calvin Weatherall</b> <b>3:30 Afternoon Activity</b>