



Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken nuggets 5ea French fries ½ cup Green beans ½ cup Sweet and sour Whole Wheat rolls 1+ Dinner salad ½ cup Angel food cake 1ea	1 Meatloaf 1 slice 2+oz Mashed Potatoes ½ c Mixed beans and carrots ½ c Whole Wheat rolls 1+ Dinner salad ½ cup Cobbler (enhancement)	2 Ham steak Hawaiian 1ea Rice ½ c Glazed Carrots ½ c Whole Wheat rolls 1 Dinner salad ½ cup Mandarin orange ½ cup	3 Catfish Fillet 1 ea Tartar sauce and lemon Corn O'Brian ½ c Whole Wheat rolls 1+ Dinner salad ½ cup Ice cream (enhancement)
7 Pasta 1/2c Meat sauce 3-4 oz Zucchini ½ c Whole Wheat roll 1ea Dinner salad ½ c Tropical Fruit Cup ½ c	8 Mushroom Chicken 1ea Wild Rice ½ c Glazed Carrots ½ c Whole Wheat rolls 1 Dinner salad ½ c Carrot cake (enhancement)	9 Sheppard's Pie 1 cup per Beef, Veg and Mashed Potato Whole Wheat rolls 1+ Dinner salad ½ cup Pears ½ c	10 BBQ Pork 2+ oz Cauliflower ½ cup Roasted potato ½ cup Dinner salad ½ cup Whole Wheat rolls 1+ Carrot Cake (enhancement)	11 Ham and cheddar sandwich 2 wheat bread, cheese, 2 ham Tomato soup ½ cup Potato Triangles 1ea Veg medley ½ c Pudding (enhancement)
14 Untidy Joseph 3oz Wheat Bun 1 ea Potato Cakes 1ea Glazed Carrots ½ c Dinner salad ½ c Brownies (enhancement)	15 Chicken Parmigianino 1ea Squash medley ½ c Pasta with Tomato ½ cup Whole Wheat roll 1 Dinner salad ½ c Berry shortcake (enhancement)	16 Chicken soft Taco 2+ OZ 1 Tortilla, 1oz cheese. Pinto beans ½ c Rice ½ cup Whole Wheat rolls 1ea Dinner salad 1/2c Pineapple ½ c	17 Pasta with Meat Balls ½ cup, 1 lg meatball Mixed squashes ½ c Whole Wheat roll 1 Dinner salad ½ c Tropical Fruit Cup ½ c	18 Chicken Catchatori 1ea Turmeric Rice ½ c Broccoli ½ cup Whole Wheat roll 1 Dinner salad ½ c Fruit Cup ½ c
21 Ham steak Hawaiian 1ea Rice ½ c Glazed Carrots ½ c Whole Wheat roll 1ea Dinner salad ½ c Mandarin orange ½ c	22 Beef soft Taco 2+ OZ 1 Tortilla, 1oz cheese. Pinto beans ½ c Whole Wheat roll 1 ea Dinner salad ½ c Pineapple ½ c	23 Chicken breast 1 ea Egg noodles ½ c Glazed Carrots ½ c Whole Wheat roll 1ea Dinner salad ½ c Pears ½ c	24 Roast Pork loin. 2+ oz Yukon gold potatoes ½ c Broccoli ½ c Whole Wheat rolls 1+ Dinner salad ½ c Tropical Fruit Cup ½ c	25 Turkey and cheddar sandwich 2 wheat bread, cheese, 2 turk Tomato soup ½ cup Potato Triangles 1 ea Veg medley ½ cup Ice cream (enhancement)
	29 Chicken nuggets 5 ea Peas ½ cup French fries ½ c Honey Mustard 1ea Whole Wheat rolls 1+ Dinner salad ½ cup Angel food cake 1 ea	30 Meatloaf 1 slice 2+oz Mashed Potatoes ½ c Mixed beans and carrots ½ c Whole Wheat rolls 1+ Dinner salad ½ cup Ice cream (enhancement)	31 Ham steak 1 ea Rice ½ c Glazed Carrots ½ c Whole Wheat roll 1ea Dinner salad ½ c Mandarin orange ½ c	Fish Fillet 1ea Tartar sauce and lemon Potato cake 1ea Corn O'Brian ½ c Whole Wheat rolls 1+ Dinner salad ½ c Pudding (enhancement)

Johnson Center Adult Day Participates in a USDA Funded Program and is an equal opportunity Employer. 1% Milk is offered with every meal.

