

Monday

Tuesday

Wednesday

Thursday

Friday

NOVEMBER 2018

Lunch

				Pasta with Meat Balls 1 Mixed squashes Whole Wheat roll Dinner salad Carrot Cake		Chicken Breast 2 Rice Pilaf Glazed Carrots Whole Wheat rolls Dinner salad Pound cake			
Untidy Joseph Wheat Bun Potato Cakes Glazed Carrots Dinner salad Brownies	5	Mushroom Chicken Wild Rice Glazed Carrots Whole Wheat roll Dinner salad Carrot cake	6	Cheeseburger Cheese Whole wheat bun Lettuce, tomato, pickle Steak fries Dinner Salad Tropical Fruit Cup	7	BBQ Pork Cauliflower Roasted potato Dinner salad Whole Wheat roll Strawberry shortcake	8	Ham and cheddar sandwich Tomato soup Potato Triangles Veg medley Pudding	9
Chicken Parmigianino Squash medley Pasta with Tomato Whole Wheat roll Dinner salad Berry shortcake	12	Sheppard's Pie Ground beef, carrots, peas Potato's Whole Wheat roll Dinner salad Berry shortcake	13	Ham steak Rice Glazed Carrots Whole Wheat roll Dinner salad Mandarin orange	14	Pasta with Meat Balls Mixed squashes Whole Wheat roll Dinner salad Carrot Cake	15	Chicken Catchatori Turmeric Rice Broccoli Whole Wheat roll Dinner salad Eclair Cake	16
BBQ Ham Au gratin potatoes Glazed Carrots Whole Wheat roll Dinner salad Mandarin orange	19	Chicken nuggets Peas French fries Honey Mustard Whole Wheat rolls Dinner salad Angel food cake	20	Chicken breast Egg noodles Peas and Mushrooms Whole Wheat roll Dinner salad Pears	21	Closed for holiday	22	Closed for holiday	23
Pasta with Meat Sauce Mixed squashes Whole Wheat roll Dinner salad Carrot Cake	26	Beef soft Taco Pinto beans Whole Wheat roll Dinner salad Pineapple	27	Chicken soft Taco Rice Black beans Whole Wheat roll Dinner salad	28	Ham steak Rice Glazed Carrots Whole Wheat roll Dinner salad Mandarin orange	29	Cheeseburger Whole wheat bun Lettuce, tomato, pickle Steak fries Dinner Salad Tropical Fruit Cup	30

The Johnson Adult Day Program Participates in a USDA Funded Program and is an equal opportunity Employer. 1% Milk is offered with every meal