


Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with Meat Balls Mixed squashes Whole Wheat roll Dinner salad Brownies	1 Mushroom Chicken Wild Rice Glazed Carrots Whole Wheat rolls Dinner salad Carrot cake	2 Cheeseburger Cheese Whole wheat bun Lettuce, tomato, pickle Steak fries Dinner Salad Tropical Fruit Cup	3 BBQ Pork Cauliflower Roasted potato Dinner salad Whole Wheat rolls Strawberry shortcake	4 Ham and cheddar sandwich Tomato soup Potato Triangles Veg medley Pudding
Untidy Joseph Wheat Bun Potato Cakes Glazed Carrots Dinner salad Brownies	8 Sheppard's Pie. Ground beef, carrots, peas Potato's Whole Wheat roll Dinner salad Berry shortcake	9 Meatloaf Mashed Potatoes Mixed beans and carrots Whole Wheat rolls Dinner salad Ice cream	10 Pasta with Meat Balls Mixed squashes Whole Wheat roll Dinner salad Carrot Cake	11 Chicken Catchatori Turmeric Rice Broccoli Whole Wheat roll Dinner salad Watermelon
BBQ Ham Orzo Pasta Glazed Carrots Whole Wheat roll Dinner Mandarin orange	15 Chicken soft Taco Rice Black beans Whole Wheat roll Dinner salad Pineapple	16 Chicken breast Egg noodles Peas and Mushrooms Whole Wheat roll Dinner salad Pears	17 Roast Pork loin Yukon gold potatoes Broccoli Whole Wheat rolls Dinner salad Tropical Fruit Cup	18 Beef and cheddar sandwich Broccoli soup Potato Triangles Chocolate chip cookies
Chicken Parmigianino Squash medley Pasta with Tomato Whole Wheat roll Dinner salad Berry shortcake	22 Beef soft Taco Pinto beans Whole Wheat roll Dinner salad Pineapple	23 Chicken nuggets Peas French fries Honey Mustard Whole Wheat rolls Dinner salad Angel food cake	24 Ham steak Rice Glazed Carrots Whole Wheat roll Dinner salad Mandarin orange	25 Cheeseburger Whole wheat bun Lettuce, tomato, pickle Steak fries Dinner Salad Tropical Fruit Cup
Pasta with Meat Balls Mixed squashes Whole Wheat roll Dinner salad Carrot Cake	29 Chicken Breast Rice Pilaf Glazed Carrots Whole Wheat rolls Dinner salad Pound cake	30 Meatloaf Mashed Potatoes Mixed beans and carrots Whole Wheat rolls Dinner salad Ice cream		

The Johnson Adult Day Program Participates in a USDA Funded Program and is an equal opportunity Employer. 1% Milk is offered with every meal.

