

September 2017

Johnson Adult Day Program

3444 S. Emerson St. Englewood., CO 80113

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8
	9:00 Tai Chi 10:00 Art Class 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Maxine Medina 3:30 Afternoon Activity	DAYTRIP: Lunch and Scenic Drive 9:00 Talk Of The Town 10:15 Craft Corner 11:15 Move n Groove 12:00 Lunch 1:30 Brain Games 2:15 Mindy Sterling 3:30 Afternoon Activity	DAYTRIP: Chatfield Reservoir 9:00 Talk Of The Town 10:30 Walking Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Dave Hidalgo 3:30 Afternoon Activity	DAYTRIP: Fronney Museum 9:00 Tai Chi 10:30 Pike Peaks Project 11:15 Zumba 12:00 Lunch 1:30 Mind Twister 2:15 Dan McClerren 3:30 Afternoon Activity
11	12	13	14	15
9:00 Talk Of The Town 10:00 Art Class 10:30 Walking Club 11:15 Exercise 12:00 Lunch 1:30 Thinkercise 2:15 Eddie Kirsch 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Cliff Spratt 3:30 Afternoon Activity	DAYTRIP: Lunch and Scenic Drive WEAR PURPLE 9:00 Talk of the Town 10:15 Craft Corner 11:15 Move and Groove 12:00 Lunch 2:15 Molly Kaufman 3:30 Afternoon Activity	DAYTRIP: Denver Botanic Gardens WEAR PURPLE 9:00 Talk Of The Town 10:30 Walking Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Bill Sucke 3:30 Afternoon Activity	DAYTRIP: Echo Lake Lodge 9:00 Tai Chi 10:30 Pikes Peak Project 11:15 Zumba 12:00 Lunch 1:30 Mind Twister 2:15 Paul Robles 3:30 Afternoon Activity
18	19	20	21	22
9:00 Talk Of The Town 10:00 Art Class 10:30 Walking Club 11:15 Move n Groove 12:00 Lunch 1:30 Thinkercise 2:15 Don Garcia 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 11:15 Nia Class 12:00 Lunch 1:30 Cognitive 2:15 Jeff King 3:30 Afternoon Activity	DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:00 TALENT SHOW 12:00 Lunch OKTOBERFEST 1:30 Brain Games 2:15 Jim Conder 3:30 Afternoon Activity	DAYTRIP: Echo Lake Lodge 9:00 Talk of the Town 10:30 Walking Club 11:00 The Hat Toss Program 12:00 Lunch 1:30 Think Tank 2:15 Sandy Tighe 3:30 Afternoon Activity	DAYTRIP: Littleton Museum (Living History Farm) 9:00 Tai Chi 10:30 Pikes Peaks Project 11:15 Zumba 12:00 Lunch 1:30 Mind Twister 2:15 Melodics 3:30 Afternoon Activity
25	26	27	28	29
9:00 Talk Of The Town 10:00 Art Class 10:30 Walking Club 11:15 Move n Groove 12:00 Lunch 1:30 Thinkercise 2:15 Balloon Volleyball 3:30 Afternoon Activity	9:00 Tai Chi 10:00 Art Class 11:15 Nia Class 11:15 Exercise 12:00 Lunch 1:30 Cognitive 2:15 Steven Sinclair 3:30 Afternoon Activity	DAYTRIP: Lunch and Scenic Drive 9:00 Morning News 10:15 Craft Corner 11:15 Move n Groove 12:00 Lunch 1:30 Brain Games 2:15 Art Program 3:30 Afternoon Activity	DAYTRIP: Denver Zoo 9:00 Talk Of The Town 10:30 Walking Club 11:15 Chair Exercise 12:00 Lunch 1:30 Think Tank 2:15 Arthur Baxter 3:30 Afternoon Activity	DAYTRIP: Perfect Landing at Centennial Airport 9:00 Tai Chi 10:30 Pikes Peaks Project 11:15 Zumba 12:00 Lunch 1:30 Mind Twister 2:15 Kristina Welling 3:30 Afternoon Activity

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